

Hojicha & Matcha Souffles



Makes 2 Hojicha and 2 Matcha Souffles





INGREDIENTS

Custard

- 3 Egg Yolks
- 20g Granulated Sugar
- 25g Plain Flour
- 3g Fine Sea Salt
- 100ml Whipping Cream
- 150ml Whole Milk
- 1 Tsp Vanilla Essence
- 1 Tbsp Matcha Powder
- 1 Tbsp Hojicha Powder

We used this tea powder.

Meringue

- 3 Egg Whites
- 50g Granulated Sugar

Topping (Optional)

- 1 Tsp Icing Sugar
- Berries

To Coat The Ramekins

- ½ Tbsp Unsalted Butter
- 3 Tsp Sugar

Custard

- Combine the egg yolks, sugar, flour and salt.
- 2. In a pot over a small fire, combine the whipping cream, milk and vanilla essence. Stir continuously until warm.
- 3. Add some of the cream-milk mixture into the egg yolk mixture, stirring quickly.
- 4. Pour the egg yolk mixture back into the pan (with the fire still on).
- 5. Stir quickly and continuously until the custard begins to thicken.
- 6. Immediately transfer to a bowl and let cool for 20 minutes in the refrigerator.
- 7. Divide the custard into two bowls.
- 8. Sift 1 Tbsp of Hojicha powder into one bowl and mix well.
- 9. Sift 1 Tbsp of Matcha powder into the other bowl and mix well.

<u>Meringue</u>

- Combine the egg whites and granulated sugar in a mixer with the whisk attachment.
- 11. Mix at a fast speed until stiff, glossy peaks form.



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Matcha and Hojicha Custards



Levelling the souffle mixture

Combine

- 12. Divide the meringue into two.
- 13. Place half of the meringue into the hojicha custard bowl and the other half into the matcha custard bowl.
- 14. Using a spatula, fold the respective custard and meringues until homogeneous. This should not take more than 4 minutes. Do not overmix.

Preparation

- 15. Butter the sides of the ramekins.
- 16. Pour sugar into the buttered ramekins and rotate until the sugar crystals line the walls.
- 17. Divide and pour the hojicha souffle mixture into two ramekins.
- 18. Divide and pour the matcha souffle mixture into two ramekins.
- 19. Level the mixtures with a spoon.

Bake

- 20. Bake at 200°C for 14 minutes.
- 21. Immediately dust with icing sugar, using a sieve.
- 22. Serve immediately.