

# Onion Galette

Makes 1 Tart (Serves 4 - 6).







#### **INGREDIENTS**

#### Puff Pastry

- 283g Unsalted Butter
- 250g Plain Flour
- 6g (1 ½ Tsp) Salt
- ¼ Cup Cold Water

#### Onion Filling

- 900g Yellow Onion
- 250g Leek (White Part)
- 30g White/Brown Sugar
- 45g Salted Butter
- 10g Red Wine Vinegar
- Olive Oil
- Salt & Pepper

### <u>Assembly</u>

- 100g Parmesan (Grated)
- 2 Eggs

#### Egg Wash

- 1 Eggs
- 2 Tbsp Whole Milk

### Puff Pastry

- In a mixer with the dough hook attachment, combine the flour and salt. Mix until homogeneous.
- 2. Add in your cold butter cubes. Mix until it forms a shaggy texture with the butter cubes still visible.
- 3. Last, add in the cold water tbsp by tbsp until a cohesive dough forms. This should not take more than 10 mins.
- 4. Form into a square, wrap and refrigerate for 1 hour.
- 5. After 1 hour, laminate your dough by rolling it out into a long rectangle and folding it into overlapping thirds.
- 6. Repeat 6 times, rotating 90 degrees between each lamination.
- 7. If the dough feels warm or is too soft, immediate refrigerate for 30 mins.
- 8. Once done, wrap in cling wrap and chill in the refrigerator for 2 12 hours.

### Onion Filling

- 9. Slice the onions into thin strips and the leek into diagonal rings.
- 10. [0 mins] In a large pot over medium heat, combine the butter and the oil.



## Onion Galette

Makes 1 Tart (Serves 4 - 6).





Add the onion and cheese



Fold the crust up



Brush with egg wash



Add the eggs are 15 mins of baking

- 11. Once the butter has melted add the onions.
- 12. Add more oil and stir to coat the onions.
- 13. Add the sugar to aid caramelisation.
- 14. Throughout this whole process (which may take 45 mins 1 hour 30 mins, occasionally add water to the pot to deglaze.
- 15. [25 mins] At the 25 minute mark when the onions are transparent and soft, add the leek and season with salt and pepper.
- 16. [30 mins] at the 30 minute mark, deglaze with half of the red wine vinegar.
- 17. Once the onions are golden-brown, use the rest of the red wine vinegar to deglaze the pot and lightly scrape the bottom of the pot with your wooden spatula to get the fond.
- 18. Further season with salt and pepper, to taste.
- 19. Let the onion filling cool for 10 mins.

#### <u>Assembly</u>

- 20. Roll out the puff pastry (letting it rest for 10 mins if it is too stiff).
- 21. Transfer the puff pastry to the baking tray and refrigerate for 10 mins.
- 22. Sprinkle grated parmesan over the puff pastry. Add the caramelised onions and leeks on top of the parmesan.
- 23. Fold the edges of the puff pastry inwards until the galette's circle shape forms.

#### <u>Bake</u>

- 24. Brush the puff pastry with egg wash.
- 25. Bake at 190 °C for 15 mins.
- 26. After 15 mins, take the galette out of the oven and add 2 eggs on top.
- 27. Bake for a further 6 mins or until the eggs are no longer translucent.